



Kiwanis[®]

Kiwanis Club of Burbank

Musings of the Nov. 29, 2017 meeting
Spotlight #8 "Kids Need Kiwanis"

Words of Wisdom

Don't underestimate the healing power of these three things ---- Music, The Ocean, Stars.
(Editor's note: Sounds a bit like the second floor of the Disney Cancer Center)

Nutrition Program

Dec. 6 – Nicole Abou-Chakra & Lisa Malm
Dec. 13 – Cynthia Faust & Harvey Branman
Dec. 20 - ? & ?

Invocation and Pledge

Dec. 6 – Pam & Linda
Dec. 13 – Diane & Bryan S.
Dec. 20 – Susan & Lisa

Upcoming Speakers

12/6 – Burbank High Ensemble for Orchestra – Justin Koltzie, director
12/13 – BHS Vocal Dept. – Brett Carroll, director
12/20 – David Parissa – Back Story Podcasting

Presiding Officers

Dec. 6 – Pres. Lisa
Dec. 13 – 1st VP Luis
Dec. 20 – 2nd VP Pam

Upcoming Calendar of Events

Dec. 9 – Bell ringing at Fry's
Dec. 7 – Inter-club at Northridge Kiwanis
Dec. 7 – Hometown Heroes, La Canada CC
Dec. 14 – Christmas Party, Pickwick Gardens
Dec. 27 – Rose Bowl Float food prep & serve

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2nd VP Pam called the meeting to order at 12:30.

Cynthia answered the call to step in and offer the invocation and also lead the pledge, after giving



some interesting facts about our fabulous USA!! We all sang "The Star Spangled Banner", as Charissa lead us acapella and we shook hands with someone who participated in



Cyber Monday. Pam noted that the bell now matches the spruced-up podium and thanked Steve for his hard work.



GUESTS- Gloria Knox, Beverly, Richard White, Janet Diehl,



prospective member Joshner Sun, speaker Dr. Raul Mena and his



guests, Barbara Mena & Michael Mayne, keyclubbers Briana Leslie, Gabby



Edgar and special guest 'the first dude', Evan Malm.

Luis and Harvey delivered meals to 26 shut-ins.

ON-THE-SPOT: It was Ron!!! Nope, no clue!

Birthdays - None

Anniversaries – Lisa and Evan (Bob) celebrated 32 years – congrats Madam Pres. and First Dude!!



Steve announced that The Holiday Party will be held on Dec. 14 at 6PM. (Happy Chanukah begins on Dec. 12 –(to those who celebrate – have a wonderful 8 days of celebration!)

Hazel announced the reception of a \$600.00 check for 'ELIMINATE'.



Linda reported that our generous Kiwanis members chipped in enough \$\$\$ for 33 turkeys for her project at Thanksgiving. She thanked everyone for coming through in a 'pinch' when her sponsor dropped out at the last minute!



THE SPOTLIGHT

ANNOUNCEMENTS AND COMMITTEE REPORTS

Kiwanitas – Next meeting is Wednesday, Dec. 6 at the Smoke House @ 11:30AM. RSVP to Alice Higginbotham at 818-842-9925 or hhiggi4007@aol.com

Cathy invited all members who will not be ringing the bell to please place their donations in 'the jar' on the table. She noted that we donated \$375.00 toward the Thanksgiving meals, and that she needs nutrition sign-ups for January.



Janet Diehl invited us to the World Kinder Transport Remembrance at the Colony Theater on Dec. 3 at 7PM. The event will begin at 3 at City Hall where Pat Walmsley will sing 'God Bless America', prior to the march. She also noted that the Coordinating Council feeds 500-550 families per year for the Holidays, as well as BTAC and camperships.



Juan announced that the Sunday fundraiser will benefit the Literacy Club.



Before 2nd VP Pam handed the mike to Steve, she asked Kellie to remind us of the inter-club next Thursday.



Dr. Raul Mena, founder of the Disney Cancer Center, noted his 31 years in hematology and oncology. He came to St. Joe's in 1981.

The goal of the cancer center is to offer as many services in one place as possible. The main resource they wish to give is 'time'. Time to spend being with and doing what you want with the amount you have.

The first floor of the center offers three programs. They are concierge (who acts as a guide to lessen confusion and give direction. There are also geneticists and genetic counselors. (He gave us a hint here. "know your heritage. It may give you knowledge of your weaknesses and strengths."). Few centers can afford to have on-site geneticists. The third program is Dr. Hoffman's ex-ray dept. He has the assets necessary to find VERY small tumors in the brain. PET scanners are used, as well. At the center, there is one medical record for the patient, so that every aspect of the patient's care is available to all who are tending to them. Palliative care is also available on site.

The second floor consists of conference rooms, a lymphedema center, and most importantly a center of wellness. It consists of acupressure, acupuncture, and spiritual care. The entire person and family is cared for. The third floor consists of the finest breast and bone imaging center.



The fourth floor consists of his office and the infusion center, where he can see all of Burbank. "Things can be done in real time. It is not about us – it is about the patients." Finally, Dr. Mena gave us the gift of information. "Make sure that you take care of yourself. Do your scans on time. Lung and cancers of the gut are very curable if caught early. Make sure you don't fall through the cracks. Many cancers and infectious diseases are caused by toxins, such as Hep B&C, tobacco, the HPV virus. The navigation center will help to find information. Live a healthy life style, including diet, daily aspirin and exercise. In response to a question, Dr. Mena noted that not all cancers are the same and there are many different treatments now being used, including the new targeted RX, immune RX and anti-hormones. Dr. Mena also noted the planned emergency center now in the beginning stages and the importance that it has for our community and surrounding areas.



2VP Pam presented Dr. Mena with the fine china mug and he pulled the ticket (and, read it, because Pam couldn't yet see). Janet D. won the 50/50.



Dr. Mena asked Janet to stay at the front as he praised her for the World



Kinder Transport Remembrance; as he recounted his own experience after the Bay of Pigs rescue! What a wonderful program of the day – and a wonderful asset to our community. Thank you, Dr. Mena!



We adjourned at 1:30 PM to Hail Kiwanis!

Member Profile

Last week's profile reveal – yep, Marsha! This week's profile "I was born on a small farm in the Appalachian mountains of North Georgia. I remember when we got our first electricity and indoor plumbing. I was the oldest of seven kids. We moved to California in 1952 and lived in a farm labor camp and a one room trailer until my dad got a job as a plumber. (see the rest on Page 3. This story is just too good to not share)



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Profile Continued

"I went to UC Riverside on a one year Rotary Club scholarship of \$750. I paid for the rest of my college education by mopping the cafeteria during school, working summers as a grave digger, laborer, a gas station attendant and finally as a newspaper ad salesman. I got my draft notice in 1964 on a Monday and married my wife, Tahne, (*first real hint*) on Friday, February 14, 1964. My marriage deferment worked until 1967 when the County of Riverside ran out of single men and drafted five married men. I was a machine gunner in an infantry squad but managed to get my job changed to a clerk when I was promoted to sergeant. I was sent to Chu Chi, Vietnam as a Division Clerk in the 25th Infantry Division. I earned a Bronze Star for Merit.

After being discharged in 1968, I got a job as a Teacher Assistant at Burbank HS while I went to USC on the GI Bill to get my teacher certificate. I was employed at BHS teaching levels of math in 1969. Anthropology was my major but math was a minor. I went back to USC and got a MS in math education. I went to CSLA and got a MA and an Administrative credential. I taught at BHS for 34 years, eventually serving as the Math Department Chairman. I was in the group of the first five Mentor Teacher appointed by BUSD. I have awards from the PTA, the CTA and the

Greater LA Chamber of Commerce for my teaching ability and professionalism.

Tahne and I have two sons. The older, a graphic designer, passed in April. The younger is a violinist and lives in Nice, France. I retired from teaching in 2003 and joined Kiwanis. The rest is history.

(Editor's note: I have one more profile that is equally interesting – please, you guys!!! Let's see what you are all about!!)

Other Kiwanis Facts

The Membership Lapel Pin

Each new Kiwanian receives a gold-plated lapel pin when he or she is inducted into membership. The pin is a symbol of membership and only members may legitimately wear the pin. Kiwanians are encouraged to wear their lapel pins whenever they are in public and some clubs 'fine' members who show up at a Kiwanis meeting without one.

Our club has the original membership pin of the first president and it is passed from president to president for safe keeping. It is very special and each President has his/her own special place for safe keeping!

Christmas Chanukah Holidays

Our Annual Kiwanis Christmas Party will be on Thursday, December 14th at 6:00 pm at the Pickwick Gardens ([1001 Riverside Drive, Burbank](#)) same as last year.

The cost is \$ 50.00 per person Your choice of Beef, Salmon or Vegetarian.

Sign up sheet will be going around for the next 3 weekly club meetings.

Please email Stephen Veres (sveres@bcs-cards.com) if you have not yet signed up and the selection of your Dinner choices.

Please bring Cash or Check to the meeting or mail it to Steve's house.

Looking forward to another fun party like last year.

The Objects of Kiwanis

The six permanent Objects of Kiwanis International were approved by Kiwanis club delegates at the 1924 Convention in Denver, Colorado. Through the succeeding decades, they have remained unchanged.

- [Object 1](#) - To give primacy to the human and spiritual rather than to the material values of life.
- [Object 2](#) - To encourage the daily living of the Golden Rule in all human relationships.
- [Object 3](#) - To promote the adoption and the application of higher social, business, and professional standards.
- [Object 4](#) - To develop, by precept and example, a more intelligent, aggressive, and serviceable citizenship.
- [Object 5](#) - To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities.
- [Object 6](#) - To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism and Goodwill

Division 16 Events

None noted for now