



Kiwanis®

Kiwanis Club of Burbank

Musings of the Jan. 17, 2018 meeting
Spotlight #15 "Kids Need Kiwanis"

Words of Wisdom

"Make sure you put your feet in the right place, then stand firm."

President Abraham Lincoln

Nutrition Program

Jan. 24 – Luis Centeno & Harvey Branman

Jan. 31 – Cynthia Faust & Diane Cripe

Feb. 7 – Chuck Stuart & Peter Genovese

Invocation & Pledge

Jan. 24 – Kristen & ?

Jan. 31 - ? & Chris

Feb. 7 - ? & Hazel

Upcoming Speakers

1/24 - Stuart Zimsing, Elder law attorney

1/31 – Lisa Bricker – Care Patrol – 'A Personal Experience.'

Feb. 7 – Lt. Gov. Official Visit

Presiding Officers

Jan. 24 – Pres. Lisa

Jan. 31 – 1st VP Luis

Feb. 7 – 2nd VP Pam

Upcoming Calendar of Events

Feb. 7 - Key Club takeover – International School

Feb. 24 – Mid-Year Conference – Sheraton Fairplex Hotel, Pomona

April 7 – Governor's visit, Odyssey

April 22 – Burbank Singing Star

SPOTLIGHT

Volume 95

www.BurbankKiwanis.org



2nd VP Pam called the meeting to order at 12:30PM. Linda offered the invocation and Bryan led the pledge. We sang 'God Bless America' as Sam, Sr. played and we shook hands with someone who knew when and where Martin Luther King delivered the 'I have a dream' speech. (Lincoln Memorial on Aug 28, 1963)



GUESTS – Judy Stuart (Chuck), Alex Figueroa, Louis Salazar, Pete Berwick (Harvey), Briana Leslie, Noel Bravo, Brendon Chow, Steven Tou, Justice Encouton, Cheyenne Antonio, Abishia Noriega, Sarah Hirano, Darren Kim, and Basil Arranda (Key Clubbers)



Lisa & Chris delivered 22 meals to shut-ins.

ON-THE-SPOT: It was Diane AND SHE KNEW IT!!! HOORAY.

Birthdays – We sang "Put another Candle on Your Birthday Cake" to Hazel



THE SPOTLIGHT

Anniversaries – And sang Happy Anniversary to Chuck and Judy for 54 happy years of marriage. (So nice to see you here today, Judy)



Diane announced the sad news that Sylmar Kiwanis member Irma Torres was killed by a 'hit and run' driver. She was a committed Kiwanian and a sweet lady.

Linda took the mike to announce that 'if you like wine – and, if you like bingo, you are in luck!' March 2 from 6-9PM at the VFW, the 'Relay for Life' kick-off will include both.

Cathy announced the Super Bowl 50/50.

Tickets are \$10 per square and the prizes are \$100 for each quarter and for the final score, since the score is not always the same at the end of the 4th quarter and the end of the game.



David H. reported that the Chuck Johnson 'Celebration of Life' will be held at the Methodist Church on Jan. 28 at 2PM

Pres. Lisa noted the Mid-Year Conference on Feb. 24 and the Official Governor's visit on April 7 – at the Odyssey Restaurant. She encouraged everyone to follow the planning for Ron's signature Program – the speech contest (more to come soon). She also told us about IHOP Pancake Day (Yum!!! Mine with blueberries and whipped cream, please) on Feb. 27. More info to come!!!



Time for 'happy/sadds----Sam, Sr., Wally, Bruce, and Diane were happy. Don H. reported some kind of a 'kiss on the cheek'. Hazel paid \$2 for her blessings and Anna paid \$2 for a friend who passed from an aneurism at age 40. Jane announced that she needs a new dentist!!! It was all very confusing, so Dr. Bruce paid \$1 for 'whatever'.

PAGE 2

Kiwanitas – Next meeting is Wednesday, Feb. 7 – Don Cucos, Downtown Burbank @ 11:30AM. RSVP to Alice Higginbotham at 818-842-9925 or hhiggi4007@aol.com



Charlotte and her associate, Annie, presented the program. Glen Park was a hotel before it became an assisted living facility that



deals mainly with memory care. They take care of the patient's daily need that they cannot do for themselves. They are 5 of only 16 homes that have been accredited by CARF. Glen Park uses a Dementia Care Specialty Program, that integrates services to: preserve dignity and personhood; minimize the impact of impairments and secondary complications; maximize participation, including wellness, quality of life and inclusion in the community; decrease environmental barriers; and promote personal safety and security. The 5 top concerns of families are isolation, inactivity, boredom, the inability to communicate and health and safety risks.

"...Lack of social relationships is as strong a risk factor for mortality as are smoking, obesity or lack of physical activity. Similarly, older adults who are lonely have an increased risk of dying sooner and are more likely to experience a decline in their mobility, compared to those who are not lonely." They use art therapy, physical activity, social and community involvement, interactive cooking classes, pet and animal therapy, intergenerational programming, and music therapy to keep the patients engaged and involved. Charlotte shared that the new name for dementia is 'major neurocognitive disorder'.



Pam presented Anne with a fine blue mug.

She drew the 50/50 ticket and – Caesar won again!!!

We adjourned to 'Hail Kiwanis' at 1:30PM



Kiwanis[®]

Kiwanis Club of Burbank

Page 3

Other Kiwanis Facts Honoring Our Leaders

The leadership of Kiwanis changes every year in a remarkable upheaval that one would surely expect to fail...unless one saw it work. Most club officers change every year although it is common for club presidents to have 'moved through the chairs' on their way to the presidency. Club directors also change frequently although directors' terms of office, if permitted by club bylaws, may last as long as three years.

An exception to the frequent turn-over of Kiwanis leadership is found in the offices of Club Secretary and Club Treasurer where, because of the scarcity of needed skills and the importance of continuity from year to year, Kiwanians may remain in the same office year after year.

In time, every Kiwanian is destined to have a leadership role...unless that role is steadfastly avoided. That the frequent change in Kiwanis leadership works as well as it does is a tribute to (1) the support that past leaders typically give new leaders, and (2) the excellent leadership materials and training that Kiwanis International provides for each year's crop of new leaders.

Division 16 Events

**Mid-Year Conference – Feb. 24 –
Sheraton Fairplex Hotel and
Conference Center, Pomona**

Register \$55

Rose Bowl Float Breakfast - \$31

Inter Club Luncheon - \$35.

Foundation Dinner - \$60.

Outstanding Eagle Scouts

The Verdugo Boy Scout Council will be honoring two adult Eagle Scouts. Our own Barry Ross, and Sam Engle, Jr (and son of our Sam) will be honored.

Barry is a Legion of Honor member of our club, and Sam, Jr. is past president of Glendale Kiwanis.

The event is:

March 1

Pickwick Gardens

\$50/person, \$90/couple

For further info and to make reservations, contact Dr. Bruce.

Relay for Life Event

Wine and Bingo

March 2 at the VFW

6 – 9 PM

The Objects of Kiwanis

The six permanent Objects of Kiwanis International were approved by Kiwanis club delegates at the 1924 Convention in Denver, Colorado. Through the succeeding decades, they have remained unchanged.

- [Object 1](#) - To give primacy to the human and spiritual rather than to the material values of life.
- [Object 2](#) - To encourage the daily living of the Golden Rule in all human relationships.
- [Object 3](#) - To promote the adoption and the application of higher social, business, and professional standards.
- [Object 4](#) - To develop, by precept and example, a more intelligent, aggressive, and serviceable citizenship.
- [Object 5](#) - To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities.
- [Object 6](#) - To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism and Goodwill